



October 2025

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <ul style="list-style-type: none">• Half Sunbutter Sandwich• 1% Low-fat Milk	2 <ul style="list-style-type: none">• Strawberry Banana Bash Yogurt• Apple Juice	3 <ul style="list-style-type: none">• Whole Grain Apple Cinnamon Muffin• 1% Low-fat Milk
6 <ul style="list-style-type: none">• WG Banana Muffin• 1% Low-fat Milk	7 <ul style="list-style-type: none">• Fresh Whole Gala Apple• 1% Low-fat Milk	8 <ul style="list-style-type: none">• Strawberry Banana Bash Yogurt• Apple Juice	9 <ul style="list-style-type: none">• Whole Grain Cheez-It Crackers• 1% Low-fat Milk	10
13 <ul style="list-style-type: none">• Cheerios• 1% Low-fat Milk	14 <ul style="list-style-type: none">• Carrot & Celery Sticks• 1% Low-fat Milk• Fat Free Ranch, 0.4375 oz	15 <ul style="list-style-type: none">• Cheddar Goldfish Crackers• Apple Juice	16 <ul style="list-style-type: none">• Half Sunbutter Sandwich• 1% Low-fat Milk	17
20 <ul style="list-style-type: none">• Strawberry Banana Bash Yogurt• 1% Low-fat Milk	21 <ul style="list-style-type: none">• Half Sunbutter Sandwich• 1% Low-fat Milk	22 <ul style="list-style-type: none">• Cheddar Cheese Cracker Cuts• Apple Juice	23 <ul style="list-style-type: none">• Cheddar Goldfish Crackers• 1% Low-fat Milk	24 <ul style="list-style-type: none">• Whole Grain Blueberry Muffin• 1% Low-fat Milk
27 <ul style="list-style-type: none">• Fresh Whole Gala Apple• 1% Low-fat Milk	28 <ul style="list-style-type: none">• Whole Grain Cheez-It Crackers• Apple Juice	29 <ul style="list-style-type: none">• Half Sunbutter Sandwich• 1% Low-fat Milk	30 <ul style="list-style-type: none">• Strawberry Banana Bash Yogurt• Apple Juice	31 <ul style="list-style-type: none">• Whole Grain Apple Cinnamon Muffin• 1% Low-fat Milk

🌱 10/1 Vegetarian Day, 🌮 10/7 Taco Day, 🍏 10/8 Apple Crunch Day, 🎃 10/31 Happy Halloween, 🌈 10/13-10/17 NSLW

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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